



# KIDS GYM SUMMER CAMPS & CLASS SCHEDULE

# 2024

## Camps for Ages 3\*- 5

*Camps include stories, arts and crafts, movement and games pertaining to each theme.*

### **MINI GYMNASTICS I**

**June 17-19-21**

Twist, turn and jump on the trampoline. Walk on the low beam, go slow on the high beam. Forward rolls, cartwheels, and handstands, too. Bars and rings to name a few!

### **MINI NINJAS**

**June 24-26-28**

All the same types of activities as in the Ninja Warrior Camp but adjusted to be age appropriate for the "pint- sized" ninja.

### **PIRATE CAMP**

**July 8-10-12**

Arrrr Mateys! Let's have some swashbuckling fun walking the plank, looking for treasures and navigating the high seas. Many adventures await!

### **MINI WACKY WATER WEEK**

**July 15-17-19**

Get ready for a wet and wild week! Fun with water balloons, bucket brigades, water painting, t-shirt tie-dying and lots of other water experiments. You'll be a "cool" kid at this camp!

### **MINI OLYMPICS**

**July 22-24-26**

You'll love our pint-sized Olympics! We will explore track and field, gymnastics, basketball, soccer and many other activities. Everyone is a winner in our Olympics!

### **MINI NINJAS II**

**July 29-31-Aug 2**

Same description as Ninja Warriors Camp. You may sign up for both or either of these camps.

### **MINI SUPER WACKY WATER WEEK+**

**August 5-7-9**

Very similar activities as our other water camp, but in addition there will be a 15 ft *inflatable moon jump water slide*, and popsicles!

### **MINI GYMNASTICS II**

**August 12-14-16**

Same description as Mini Gymnastics Camp. You may sign up for both or either of these camps.

**\*ALL CAMPERS MUST BE BATHROOM INDEPENDENT**

## Camps for Ages 6-14

### **GYMNASTICS I**

**June 17-19-21**

You'll flip for this camp! Beginners through advanced gymnasts will work on tumbling, bars, beam and vault skills. In-ground trampolines, rings, TumbITrak and more will add to the fun!

### **NINJA WARRIORS I**

**June 24-26-28**

Become a "Ninja in Training" with this awesome camp! You'll run, jump, vault and climb as you train your mind to overcome obstacles and increase strength, body control and discipline.

### **GYMNASTICS II**

**July 8-10-12**

Come check out this unique camp for gymnasts of all levels! Somersaults, cartwheels, round-offs and handsprings are all a part of the fun.

### **WACKY WATER WEEK**

**July 15-17-19**

Get ready for a wet and wild week! Fun with water balloons, bucket brigades, water painting, t-shirt tie-dying and lots of other water experiments. This is where all the "cool" kids will be!

### **GO FOR THE GOLD**

**July 22-24-26**

Gear up for Paris 2024! In our quest for the gold we'll explore a variety of Olympic events, sport games, team building exercises and, of course, gymnastics! Get yourself ready for the thrill of victory! Go Team USA!!

### **NINJA WARRIORS II**

**July 29-31-Aug 2**

Same description as Ninja Warriors Camp. You may sign up for both or either of these camps.

### **SUPER WACKY WATER WEEK+**

**August 5-7-9**

Very similar activities as our other water camp, but in addition there will be a 15 ft inflatable moon jump water slide, and popsicles!

### **GYMNASTICS III**

**August 12-14-16**

Same description as other Gymnastics Camps. You may sign up for one or all of these camps.



### ABSENCES/DROPS

**We do not offer refunds in the event of a cancellation or drop. A credit will be given based on drop date that can be applied to any classes, camps, clinics or auxiliary programs. A make-up will be given only if notification of absence is received at least 1 hour prior to the start of class. Camp drop notifications must be received one week prior to the start of Camp in order to receive credit.**

**All camps meet M-W-F from 9:00 A.M. - 12:00 P.M.**

Tuition for one week of Camps:

**With Annual Membership Fee**

**\$90.00 per camp**

**W/O Membership Fee**

**\$95.00 per camp**

**+(Super Wacky Water Week Camp is \$95 w/membership & \$100 without)**

Campers should bring a healthy snack with a drink. Kids Gym likes to encourage independence so pack snacks that are "kid friendly".

Children should dress for easy movement. We occasionally go outside (we'll let you know if sunscreen is needed) so make sure your child has appropriate footwear.

## WHY KIDS GYM?

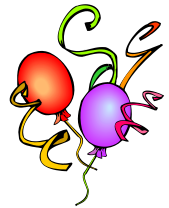
- ◆ Specially designed 20,000+ square foot facility
- ◆ Conveniently located just minutes from shopping
- ◆ Two fully equipped gyms, padded and carpeted for your child's safety
- ◆ Preschool gym has unique, kid-sized equipment
- ◆ Viewing areas to both gyms
- ◆ Advanced TumbITrak Tumbling System and in-ground trampolines
- ◆ Top-quality gymnastics equipment
- ◆ Experienced, caring instructors
- ◆ Programs developed by leading experts
- ◆ Positive, individualized instruction
- ◆ Member USA Gymnastics
- ◆ USAG Competitive Team



### Parties

Ages 4 and up

Come *actively* celebrate birthdays with us!! Music, games, activities and parachute play are all part of the fun! Parties are 1½ hours and can be scheduled for Saturdays. A \$100 non-refundable deposit is required. Call our office for available dates and to book a party!



### How to Register

Registration for all classes is available on-line. Go to our website @ [www.kidsgyminc.com](http://www.kidsgyminc.com) and on our home page select "Register Now". This will take you to our registration page then just follow the directions on how to create a profile and to register your child. Please remember to "check out" and pay to secure your child's spot. If you have any questions, please call our office (269) 323-7657. If space is available after the Summer Program begins June 17, you can still enroll (tuition will be prorated). Enrollment is filled on a first-come, first-served basis for both Summer Terms. There is no priority re-enrollment between Summer Term 1 and Summer Term 2.

*Kids Gym reserves the right to limit or cancel all programs depending on enrollment.*



### What to Wear to Class

Gymnasts should wear clothing that allows freedom of movement. Shorts, t-shirts, leggings and/or leotards are good choices (no tights that cover feet, skirts, open midriff or tutus please). All boys and girls must have long hair tied back and **all** jewelry removed (with the exception of stud earrings or medical ID bracelets) prior to entering the gym.

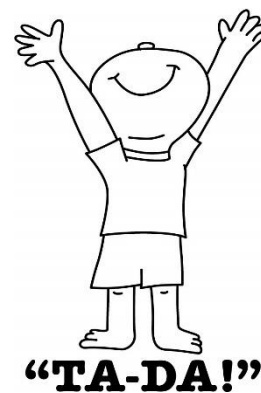


# TumbleKids Program Schedule

## Ages 1 through 5

(classes meet once/week; can register for ONE class/term)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CAMP 9:00 A.M. to 12:00 P.M.	4 & 5 years 9:30-10:15	CAMP 9:00 A.M. to 12:00 P.M.	1 & 2 years w/ Parent 9:30-10:15	CAMP 9:00 A.M. to 12:00 P.M.
	3 years 10:30-11:15		2½-3½ years w/parent 10:30-11:15	
	<b>OPEN GYM</b> (1 per month) 12:00-1:00		4-5 years 11:30-12:15	
1 & 2 yr w/Parent 4:30-5:15	4-5 years 4:30-5:15	3 years 4:30-5:15	3 years 4:30-5:15	
2½-3½ years w/parent 5:30-6:15	2½-3½ years w/parent 5:30-6:15	1 & 2 years w/Parent 5:30-6:15	4-5 years 5:30-6:15	



**TumbleKids with Parent (1 & 2 Years)**  
TumbleKids with Parent is family Fun for Everyone! This program is designed to guide you in helping your child 12 months through 2 years of age reach their full potential! Activities include music, finger plays, pretend play, climbing, jumping, beginning tumbling, and active exploration!  
**Children MUST be 12 months before the beginning of the term. Only one parent /child.**

**TumbleKids (3 Year Class and 4-5 Year Class)**  
These TumbleKids programs will encourage children to explore their physical ability and coordination. We have two primary goals: 1) to raise each child's confidence level by encouraging them to go beyond their own expectations and perceived willingness to try; 2) to develop each child's kinesthetic awareness, physical ability, and coordination. Gymnastics movement patterns and skills, as well as other developmental movements, are the "tools" we use to challenge each child to go beyond their self-imposed boundaries  
**Children MUST be 3 and/or 4 yr before the beginning of the term.**

**TumbleKids with Parent (2½-3½ Years)**  
This is a transition class for those who are ready for a bit more structure. Children will learn how to follow circuits independently.  
**Children MUST be 2 years, 6 months before the beginning of the term. Only one parent /child.**

**ABSENCES**  
**You must call our office and notify us of your child's absence at least 1 hour prior to the start of their class. You are allowed 1 make-up/term which can be used in an Open Gym Tuesday 12:00-1:00 (1/month) or Wednesday 5:45-6:45 for ages 4 and up.**

TUITION COSTS		
	★ Summer Term 1 June 17-July 19 (5 weeks)	Summer Term 2 July 22-August 23 (5 weeks)
TumbleKids	\$80.00	\$80.00
Recreational	\$90.00	\$90.00
*Intermediate	\$95.00	\$95.00

★ We will be closed Thursday, July 4. Term 1 will be a 4 week term for Thursday students; tuition will be pro-rated.

Enrollment for Summer Classes requires a \$43 Membership fee/family.

**Open Gym w/Parent Ages 1-3:** \$13 each with membership, \$15 without. On-line pre-registration required. Kids Gym waivers, completed by a legal parent or guardian and payment are required prior to Open Gym.

**Make-Ups:** If unable to attend your regularly scheduled class, you are allowed 1 make-up per term in any Open Gym, TumbleKids Monthly Tuesdays 12:00-1:00; Wednesday 5:45-6:45 ages 4 and up. You **must** notify us at least **1 hour prior** to your regular class if your child will be absent in order to schedule a make-up. Open Gym/TK Open Play: absence notification **1 hour prior** to receive a credit.

# Recreational Program Schedule

Ages 6-14

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div style="border: 1px solid black; border-radius: 15px; padding: 10px; margin-bottom: 10px;"> <p>CAMP 9:00 A.M. to 12:00 P.M.</p> </div>	<div style="border: 1px solid black; border-radius: 15px; padding: 10px; margin-bottom: 10px;"> <p>Beginner 9:30-10:30</p> </div> <div style="border: 1px solid black; border-radius: 15px; padding: 10px; margin-bottom: 10px;"> <p>Adv. Beginner 9:30-10:30</p> </div> <div style="border: 1px solid black; border-radius: 15px; padding: 10px; margin-bottom: 10px;"> <p>Ninja 10:45-11:45</p> </div> <div style="border: 2px solid black; border-radius: 15px; padding: 10px; margin-bottom: 10px;"> <p>Open Gym 12:00-1:00</p> </div>	<div style="border: 1px solid black; border-radius: 15px; padding: 10px; margin-bottom: 10px;"> <p>CAMP 9:00 A.M. to 12:00 P.M.</p> </div>	<div style="border: 1px solid black; border-radius: 15px; padding: 10px; margin-bottom: 10px;"> <p>Beginner 9:30-10:30</p> </div> <div style="border: 1px solid black; border-radius: 15px; padding: 10px; margin-bottom: 10px;"> <p>Boys All Levels 9:30-10:30</p> </div> <div style="border: 1px solid black; border-radius: 15px; padding: 10px; margin-bottom: 10px;"> <p>Kindergarten 10:30-11:30</p> </div> <div style="border: 1px solid black; border-radius: 15px; padding: 10px; margin-bottom: 10px;"> <p>Intermediate* 10:45-12:00</p> </div>	<div style="border: 1px solid black; border-radius: 15px; padding: 10px; margin-bottom: 10px;"> <p>CAMP 9:00 A.M. to 12:00 P.M.</p> </div>
<div style="border: 1px solid black; border-radius: 15px; padding: 10px; margin-bottom: 10px;"> <p>Kindergarten 4:30-5:30</p> </div> <div style="border: 1px solid black; border-radius: 15px; padding: 10px; margin-bottom: 10px;"> <p>Beginner 4:30-5:30</p> </div> <div style="border: 1px solid black; border-radius: 15px; padding: 10px; margin-bottom: 10px;"> <p>Kindergarten 5:30-6:30</p> </div> <div style="border: 1px solid black; border-radius: 15px; padding: 10px; margin-bottom: 10px;"> <p>Beginner 5:30-6:30</p> </div> <div style="border: 1px solid black; border-radius: 15px; padding: 10px;"> <p>Boys All Level 5:30-6:30</p> </div>	<div style="border: 1px solid black; border-radius: 15px; padding: 10px; margin-bottom: 10px;"> <p>Kindergarten 4:30-5:30</p> </div> <div style="border: 1px solid black; border-radius: 15px; padding: 10px; margin-bottom: 10px;"> <p>Beginner 4:30-5:30</p> </div> <div style="border: 1px solid black; border-radius: 15px; padding: 10px; margin-bottom: 10px;"> <p>Girls All Levels 5:45-6:45</p> </div> <div style="border: 1px solid black; border-radius: 15px; padding: 10px;"> <p>Intermediate* 5:45-7:00</p> </div>	<div style="border: 1px solid black; border-radius: 15px; padding: 10px; margin-bottom: 10px;"> <p>Adv. Beginner 4:30-5:30</p> </div> <div style="border: 1px solid black; border-radius: 15px; padding: 10px; margin-bottom: 10px;"> <p>Beginner 4:30-5:30</p> </div> <div style="border: 2px solid black; border-radius: 15px; padding: 10px; margin-bottom: 10px;"> <p><b>OPEN GYM</b> 5:45-6:45</p> </div>	<div style="border: 1px solid black; border-radius: 15px; padding: 10px; margin-bottom: 10px;"> <p>Beginner 4:30-5:30</p> </div> <div style="border: 1px solid black; border-radius: 15px; padding: 10px; margin-bottom: 10px;"> <p>Adv. Beginner 4:30-5:30</p> </div> <div style="border: 1px solid black; border-radius: 15px; padding: 10px; margin-bottom: 10px;"> <p>Intermediate* 5:45-7:00</p> </div> <div style="border: 1px solid black; border-radius: 15px; padding: 10px;"> <p>Ninja 5:45-6:45</p> </div>	<div style="border: 1px solid black; border-radius: 15px; padding: 10px;"> <p><b>ABSENCES</b> <i>You must call our office and notify us of your child's absence at least <b>1 hour prior</b> to the start of class in order to schedule a make-up. You are allowed 1 make-up per term that must be used prior to the end of each term. Make-ups can be used in an Open Gym Wednesday 5:45-6:45 ages 4 and up.</i></p> </div>
<div style="border: 1px solid black; border-radius: 15px; padding: 5px; margin: 10px auto; width: 80%;"> <p>Classes meet once/week; can register for ONE class/term</p> </div>				

## Class Descriptions

**KINDERGARTEN:** For boys and girls with little or no gymnastics experience. **MUST** be 5.5 yr old AND in Kindergarten **prior** to start of the term **OR** have TumbleKids teacher approval. Basic gymnastics skills and terminology are learned with a focus on developmentally appropriate skill building towards the Beginner or Advanced Beginner class.

**BEGINNER:** For boys or girls with little or no gymnastics experience. Emphasis will be on basic skills and terminology as well as building confidence and body awareness. Specific skills on each event are required in order to advance to Advanced Beginner level.

**ADVANCED BEGINNER:** Specific skills on each event are required in order to advance to Intermediate level. Experience gained in the Advanced Beginner class prepares the student for advancement to the Intermediate level.

**\*INTERMEDIATE:** This is a 1 hr 15 min class and teacher recommendation is required. This class is for students who have mastered all the gymnastics skills and progressions in the Advanced Beginner level. Focus will be on refining skills, body shapes and technique along with the introduction of more advanced skills.

**GIRLS ALL LEVEL:** For girls ages 10-14 yr with gymnastics experience of all levels. This class challenges students to learn skills at their own pace and focuses on proper progressions of those skills.

**BOYS ALL LEVEL:** For all levels and experience (6 yr and up). This class dives into the basics of Men's Gymnastics and allows for students to progress at their own pace on each event.

**NINJAS:** For boys and girls ages 6 yr and up. This class is a fun and exciting way to learn new skills while navigating obstacles. Students are encouraged to use creativity in the way they approach obstacles to grow their confidence while having fun burning off tons of energy!

**Open Gym Ages 4-14:** (Cost: \$13.00 with membership/\$15 without): On-line pre-registration required. Kids Gym waivers, completed by a legal parent or guardian and payment are required prior to Open Gym.

**Make-Ups:** If unable to attend your regularly scheduled class, you are allowed 1 make-up per term in any Open Gym, Tuesdays 12:00-1:00 or Wednesday 5:45-6:45 ages 4 and up. You **must** notify us at least **1 hour prior** to your regular class if your child will be absent in order to schedule a make-up. Open Gym absence notification **1 hour prior** to receive a credit.

*(Call Kids Gym for a skill evaluation if unsure of class placement.)*

## SKILL CLINICS!!



You'll be amazed at your child's progress and boost in confidence in such a short time! Our expert staff will begin with skill assessment and take your child through a multitude of drills and tumbling progressions to master skills such as kick over, front/back walkover, back handspring, etc. We also have bar clinics, too! Check our Website and Facebook page for dates and times. (Some clinics require prerequisites; please review before enrolling your child.)

### MEMBERS ONLY

30 min clinic cost: \$12.00

45 min clinic cost: \$15.00

## PARENT'S NIGHT OUT



In need of a date night??!! Enjoy a night out while we provide the food (pizza, and a drink) and LOTS of fun Open Gym time! Be sure to check our Website and Facebook page for dates!

### MEMBERS ONLY

**Ages:** 6 yr & up

**Time:** 5:00-8:00 PM

**Cost:** \$38.00