We are excited to announce that we have enhanced our TumbleKids Program and have restructured our Recreational Program! We kindly invite you to take a moment to learn about these new and exciting changes.

### **TUMBLEKIDS PROGRAM**

NEW - Ages 9-12 months with a parent. This class will last for thirty minutes and is designed to further strength, movement, and motor skills.

**NEW –** Read & Roll, ages 1-3.5 years. Students can join us once per month from 10:30 AM to 11:00 AM on Wednesday mornings. Students will read a book together before enjoying time to tumble and roll.

#### RECREATIONAL PROGRAM

What was known as the "Advanced Beginner" class will now be known as "Intermediate." Our new Intermediate class will last for one hour and ten minutes.

What was known as the "Intermediate" class will now be known as "Advanced." The new Advanced class will last for one hour and thirty minutes.

**NEW –** Strength & Agility, ages 8-14 years. This class will be advantageous for athletes across all sports and will last forty-five minutes. Students will focus on developing muscle and joint strength, increasing stamina, and improving overall fitness.

Pre-Recreational Class (1 hour)



Beginner Class (1 hour)



Intermediate Class (1 hour & 10 minutes)



Advanced Class (1 hour & 30 minutes)



# ABOUT

## KIDS GYM

PROGRAM INFORMATION www.kidsgyminc.com (269) 323-7657

SEPT. 2 - JUNE 6

# 2025-2026



### **TERM DATES**

### TERM 7

TERM 2

Sept. 2 - Oct. 25 (8 weeks)

Oct. 27 - Dec. 20 (8 weeks)

### TERM 3

TERM 4

Jan. 5 - Feb. 28 (8 weeks)

Mar. 2 - Apr. 11 (7 weeks)

### TERM 5

April 13 - June 6 (7 weeks)

### ABSCENCES/DROPS

Our refund policy is as follows:

- · We do not offer refunds for cancellations or drops. Instead, a credit will be given based on the drop date, which can be applied to any classes, camps, clinics, or auxiliary programs.
- If you notify us of an absence at least 1 hour prior to the start of the class, a make-up will be given.
- Only 2 make ups a term are permitted.

We are the longest-running gymnastics center in Greater Kalamazoo. We started serving families in the area in 1985 in a 2,500 sq. ft. space with about 150 students and only three teachers. In 1999, we moved into our current facility and expanded our space in early 2002 and again in 2012.

We now have over 20,000 square feet of space with state of the art equipment, 900-plus students, and more than 25 teachers. Thanks to our families, athletes, and caring teachers, Kids Gym continues to expand and is dedicated to providing children with the best in gymnastics training!

### 9-12 months with Parent

Children will build strength through play and exploration. Sensory stimulation through music & movement. Enhance motor skills (Strengthen muscles and improve coordination/body & socialization.)

ONE PARENT PER CHILD

### TUMBLEKIDS with Parent (1 & 2.5 Years)

This class is a parent participation exploratory class professionally planned and educationally sound with developmental movements and sensory motor experiences. Activities include interactive songs, teacher-assisted activities and beginning tumbling.

ONE PARENT PER CHILD

### TUMBLEKIDS with Parent (2.5 - 3.5 Years)

A transition class for students who are ready for more structure. Parent participation is necessary as students learn to follow circuits independently. Students must be 2.5 BEFORE the beginning of the Term.

ONE PARENT PER CHILD

### **TUMBLEKIDS** 3.5 - 4.5 Years

This student-independent class is structured to encourage students' willingness to develop kinesthetic awareness, physical ability, and coordination. Students must be 3.5 BEFORE the beginning of the Term.

### **TUMBLEKIDS** 4.5-5.5 Years

This class is structured to have students independently follow circuits that will focus on advanced skills such as rolling, handstands, cartwheels, and more! Students must be 4.5 BEFORE the beginning of the Term.

### **TUITION**



**TERMS** 

|                                      | 7 WEEKS  | 8 WEEKS  |
|--------------------------------------|----------|----------|
| TumbleKids (30 min)                  | \$75.00  | \$86.00  |
| TumbleKids (45 min)                  | \$120.00 | \$136.00 |
| Pre Rec/Beginner (1 hr)              | \$135.00 | \$154.00 |
| Tumbling/Strength & Agility (45 min) | \$120.00 | \$136.00 |
| Intermediate (1hr 10min)             | \$157.00 | \$179.00 |
| Advanced (1hr 30min)                 | \$202.00 | \$230.00 |

Annual Membership Fee - \$50 per family

# ADDITIONAL

- **CLINICS** Bars (30 min) - \$15 Skill Clinics (45 min) - \$18
- TK OPEN PLAY \$13 Per Child (6 mos - 4.5 years) \*Parent Participation Required (October - April Only)
- **OPEN GYM** with membership - \$15 without membership - \$18

To register online, please visit our website www.kidsgyminc.com

# Recreational +

### PRE-RECREACTIONAL

### Students must be 5.5 and in Kindergarten prior to start of Term or teacher approval.

### **BEGINNER**

Students must be 6 and up. Previous experience not required.

### INTERMEDIATE

### Mastered Beginner skills and teacher approval required.

### **ADVANCED**

Mastered Intermediate skills and teacher approval required.

### **GIRLS ALL LEVEL**

### Girls ages 8-14 with varied experience who can learn new skills at their own pace.

### **BOYS ALL LEVEL**

Boys ages 8 and up. Class will focus on mens events and allow athletes to learn at their own pace

### **NINJA**

### Students ages 8-14. Fun way to learn new skills in creative ways while navigating obstacles.

### CHEER **TUMBLING**

Students ages 8-14. Class is for students with varied experience and will focus on floor skills only

### Strength & Agility

For boys and girls ages 8-14. Classes focus on mobility. strength, agility and cardiovasular training. This will help develop strong bones and muscles, improve proprioception and boost overall fitness.

### TUMBLEKIDS CLASS SCHEDULE



Mon

Tue

Wed

Thu

Fri

Sat

1-2.5 yr. (with parent) 9:30-10:15 9-12 months (with parent) 9:30-10:00

3.5-4.5 yr. 9:30-10:15

1-2.5 yr. (with parent) 9:30-10:15 TK Open Play (Oct-April) 9:30-10:30 1-2.5 yr. (with parent) 9:30-10:15

2.5-3.5 yr. (with parent) 10:30-11:15

3.5-4.5 yr. 10:30-11:15 Craft, Read, δ Roll 1 per month 10:30–11:00 2.5-3.5 yr. (with parent) 10:30-11:15

3.5-4.5 yr. 10:30-11:15 3.5-4.5 yr. 10:30-11:15

4.5-5.5 yr.

3.5-4.5 yr. 4:30-5:15

4:30-5:15

4.5-5.5 vr.

2.5-3.5 yr. (with parent) 4:30-5:15

3.5-4.5 yr. 4:30-5:15 3.5-4.5 yr. 4:30-5:15 Open Gym 1-3 yr. old (with parent) 12:30-1:30

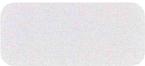
4.5-5.5 yr. 5:30-6:15

3.5-4.5 yr. 5:30-6:15 1-2.5 yr. (with parent) 5:30-6:15 2.5-3.5 yr. (with parent) 5:30-6:15

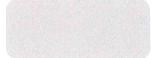
4.5-5.5 yr. 5:30-6:15











Classes meet once a week; students can register for ONE class per term.

## RECREATIONAL CLASS SCHEDULE



**Ages 5.5-14** 

| Mon                        | Tue                             | Wed                   | Thu              | Fri              | Sat                     |  |  |
|----------------------------|---------------------------------|-----------------------|------------------|------------------|-------------------------|--|--|
| Beginner                   | Homeschool                      | Ninja                 | Pre-Recreational | Pre-Recreational | Beginner                |  |  |
| 4:30-5:30                  | 3:15-4:15                       | 4:30-5:30             | 4:30-5:30        | 4:30-5:30        | 9:30-10:30              |  |  |
| Intermediate               | Boys All Level                  | Cheer Tumbling        | Beginner         | Beginner         | Intermediate 9:30-10:40 |  |  |
| 4:30-5:40                  | 4:30-5:30                       | 4:30-5:15             | 4:30-5:30        | 4:30-5:30        |                         |  |  |
| Pre-recreational 5:45-6:45 | Beginner                        | Beginner              | Beginner         | Intermediate     | Pre-Recreational        |  |  |
|                            | 4:30-5:30                       | 5:30-6:30             | 5:45-6:45        | 5:45-6:55        | 10:45-11:45             |  |  |
| Girls All Level            | Beginner                        | Intermediate          | Intermediate     |                  | Beginner                |  |  |
| 5:45-6:45                  | 5:45-6:45                       | 5:30-6:40             | 5:45-6:55        |                  | 10:45-11:45             |  |  |
| Advanced<br>5:45-7:15      | Strength &<br>Agility 5:45-6:30 | Advanced<br>5:30-7:00 |                  |                  | Open Gym<br>12:30-1:30  |  |  |
|                            |                                 | Clinics<br>7:00-7:45  |                  |                  |                         |  |  |

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